



SHINDO KARATE
ASSOCIATION
www.shindokarate.com.au



Presents
Iain Abernethy
5th Dan

World Renowned
Applied Karate Expert

*Kata as a true
fighting system*



NationalSmokeAlarmService

www.iainabernethy.com

Melbourne
Australia
March 2010

SEMINAR DATES	TOPIC
SATURDAY 20.03.10 SHINDO KARATE Dojo Factory 4,407-9 Old Geelong Road Hoppers Crossing Vic 3029	<input type="checkbox"/> SHINDO Seminar #1 (16years old & above) 9:30am-12:30pm Fundamental Rules of Bunkai. The Nature of Live Situations and How to make Kata work. Open to all grades. <input type="checkbox"/> SHINDO Seminar #2 (16years old & above) 1:30pm-5:30pm Advanced Kata – Practical applications. Bassai Dai; Kanku Dai & Gankaku. - Open to all grades.
SUNDAY 21.03.10 KANDO KARATE Dojo Cnr Neerim Road & Neerim Grove Hughesdale (Oakleigh) Vic 3166	<input type="checkbox"/> KANDO Seminar #1 (16years old & above) 9:30am-12:30pm Re-evaluating Kata training and interpretation and Basic Kata based Sparring. - Open to all grades. <input type="checkbox"/> KANDO Seminar #2 (16years old & above) 1:30pm-4:30pm Tekki Kata – Bunkai and application. - Open to intermediate & senior grades.
MONDAY 22.03.10 SHINDO KARATE Dojo Factory 4,407-9 Old Geelong Road Hoppers Crossing Vic 3029	<input type="checkbox"/> SHINDO Children's Seminar #1 (10-15 years) 5:00pm-6:15pm Doors and registration open at 4:45pm <input type="checkbox"/> SHINDO Seminar #3 (16years old & above) 7.00pm-9.30pm Re-evaluating Kata training and interpretation and Basic Kata based Sparring. - Open to all grades.
TUESDAY 23.03.10 SHINDO KARATE Dojo Factory 4,407-9 Old Geelong Road Hoppers Crossing Vic 3029	<input type="checkbox"/> SHINDO Children's Seminar #2 (10-15 years) 5:00pm-6:15pm Doors and registration open at 4:45pm <input type="checkbox"/> SHINDO Seminar #4 (16years old & above) 7.00pm-9.30pm BUNKAI HEIAN 1-2 Kata. Applied Kata and Bunkai principles for practical fighting application. - Open to all grades.
WEDNESDAY 24.03.10 SHINDO KARATE Dojo Factory 4,407-9 Old Geelong Road Hoppers Crossing Vic 3029	<input type="checkbox"/> SHINDO Seminar #5 (16years old & above) 7:00pm-9:30pm BUNKAI HEIAN 3-5 Kata. Applied Kata and Bunkai principles for practical fighting application. - Open to all grades.
THURSDAY 25.03.10 SHINDO KARATE Dojo Factory 4,407-9 Old Geelong Road Hoppers Crossing Vic 3029	<input type="checkbox"/> SHINDO Seminar #6 (16years old & above) 7:00pm-9:30pm BUNKAI TEKKI Kata. Applied Kata and Bunkai principles for practical fighting application. - Open to all grades.
FRIDAY 26.03.10 SHINDO KARATE Dojo Cnr Fisken Street & Park Street Bacchus Marsh Vic 3340	<input type="checkbox"/> SHINDO Seminar #7 (16years old & above) 7:00pm-9:30pm Re-evaluating Kata training and interpretation and Basic Kata based Sparring. - Open to all grades.

*** Participants are to bring sparring gear and wear protective equipment – (Mouth Guard, Hand Mitts, Shin Pads - No GEAR No Training)**

SHINDO Karate Seminar Enquiries: Rob Auricchio - 0400 416 604 or (03) 9395 2126 Phil Noble - 0403 165 308 or (03) 9749 3113 Please send Registration and cheque to: SHINDO Karate 50 Glastonbury Circuit Point Cook Vic 3030	Cost: (Non Refundable) 1 SHINDO Seminar - \$50.00 2 SHINDO Seminars - \$85.00 3 SHINDO Seminars - \$125.00 4 SHINDO Seminars - \$150.00 5 SHINDO Seminars - \$185.00 6 SHINDO Seminars - \$210.00 7 SHINDO Seminars - \$245.00 Children's Seminars - \$20.00 each.
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KANDO Karate Seminar Enquiries: Paul Veldman - 0411 328 966 Please send Registration and cheque to: KANDO Karate PO Box 149 Oakleigh South Vic 3167	Cost: (Non Refundable) 1 KANDO Seminar - \$50.00 2 KANDO Seminars - \$85.00
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Name: _____	Contact Numbers _____
Address: _____	
Club: _____	Email _____
Please nominate Seminar/s	
KANDO Karate Seminar - - - - - <input type="checkbox"/> #1 <input type="checkbox"/> #2	
SHINDO Karate Seminar - - - - - <input type="checkbox"/> #1 <input type="checkbox"/> #2 <input type="checkbox"/> #3 <input type="checkbox"/> #4 <input type="checkbox"/> #5 <input type="checkbox"/> #6 <input type="checkbox"/> #7	
Enclosed is a cheque payable for the sum of \$ _____ Children's Seminar - - <input type="checkbox"/> #1 <input type="checkbox"/> #2	
Please ensure separate payments for Kando Karate and Shindo Karate	

Disclaimer:

I Agree that no liability for personal injury, loss or damage of whatsoever nature and kind arising either directly or indirectly shall attach to the Shindo Karate Association and Kando Karate or to the student; instructor appointed or employed or engaged on a sessional basis; member; employee; official director or volunteer.